

BEAP Pain Scale for Dogs

Many signs of chronic pain are non-specific. Please see your family vet to rule out other possible causes of these symptoms.


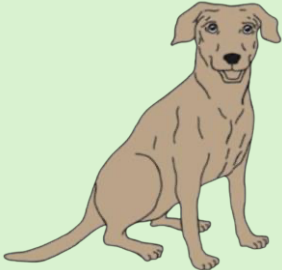

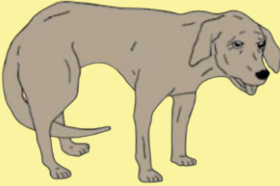




	0	1	2	3	4	5	Score
“B” is for Breathing	Breathes normally		May pant intermittently	Pants often, possibly with labored breathing	Faster breathing rate with more noticeable effort; frequent panting episodes	Panting; increased breathing rate and effort	_____
“E” is for Eyes	Eyes bright and alert		Eyes slightly duller in appearance; can have a slightly furrowed brow	Dull eyes; worried look	Dull eyes; may have distressed look	Dull eyes; may have panicked look	_____
“A” is for Ambulation	Walks normally on all four legs; no lameness present	Walks normally; may exhibit very subtle lameness when walking	Noticeably slower to lie down or rise; may exhibit lameness when walking	Very slow to rise and lie down; hesitation with movement; difficulty on stairs; reluctant to come when called; more obvious lameness	Obvious difficulty rising or lying down; will not bear weight on affected leg; avoids stairs; obvious lameness	May refuse to get up; may not be able to (or willing to) take more than a few steps; will not bear weight on painful limb	_____
“A” is for Activity	Engages in play and all normal activities	May be very slightly slower to lie down or rise	May be slightly unsettled and more restless; difficulty getting comfortable; shifting weight	Not eager to interact but may be in tune with surroundings; obvious lameness when walking; may lick painful area	Avoids all interaction; will “go off” and hide; stops grooming; frequently licks or chews at painful area, sometimes to the point of fur loss	Difficulty distracting from pain, even with gentle touch or soothing voice	_____
“A” is for Appetite	Eats and drinks as normal		Appetite more finicky, such as wanting only treats or “people” food	Frequently loses appetite	Loss of appetite; may not want to drink	No interest in food or water	_____
“A” is for Attitude	Happy; interested in surroundings and playing; seeks attention	Generally remains happy and interested in surroundings	Subdued; engages less or does not initiate play	Anxious or restless; unable to settle or sleep well	Agitated, fearful, worried, reclusive; potentially aggressive	Extremely depressed or minimally responsive; may	_____

						vocalize in pain; in distress at rest	
“P” is for Posture	Comfortable at rest and during play; perky ears and wagging tail	Tail may be down more often; ears up; whiskers generally relaxed	Difficulty squatting or lifting leg to urinate; subtle changes in posture; tail more tucked and ears more flattened	Abnormal weight distribution when standing; difficulty posturing to eliminate; arched back, tucked belly, head hanging low; tucked tail; frequently shifting positions; ears more flattened	Tail tucked, ears flattened or pinned back; abnormal posture when standing; more hesitant to move or stand	Prefers lying position or being on side; flat or pinned ears; may prefer to be very tucked or stretched out	_____
“P” is for Palpation	Enjoys being touched and petted; no body tension present	Enjoys being touched, petted and brushed; no body tension present	Does not mind touch except on painful area; turns head to look where touched; mild body tension	Guards painful area when touched; moderate body tension when being touched	Significant body tension when painful area touched; may vocalize in pain; guards painful area by pulling away or changing position	Severe body tension when touched; will not tolerate touch of painful area; becomes fearful when non-painful areas are touched	_____

Total: _____

Total: _____ / 8 = _____ Pain Score

<p>0 No Pain</p> 	<p>1 Mild Pain</p>  <p>Speak with your vet during your next regular visit.</p>	<p>2 Moderate Pain</p>  <p>See your vet to assess pain.</p>	<p>3 Moderate to Severe Pain</p>  <p>CONCERNING, see your vet.</p>	<p>4 Severe Pain</p>  <p>VERY CONCERNING, see your vet.</p>	<p>5 Worst Pain Possible</p>  <p>EMERGENCY, see your vet immediately.</p>
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